

MONTHLY BIBLE STUDY



DON'T BE AFRAID!

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Cross Country Crusaders

The phrase, “don’t be afraid”...or very similar words, were uttered by God, angels, and Jesus. It is such an important message that it appears 365 times in the Bible...a daily reminder from God to live a fearless life. Jesus spoke those words in each of the four Gospels. Perhaps it’s a message we should take seriously! This study recalls several of the occurrences in which those words were spoken by Jesus Himself.

Read Matthew 10:29-31: Jesus speaks of self-worth

We can always rely on the Father’s _____. Jesus said, Don’t _____, because we have great _____ to God.

Do you find Jesus’ words reassuring? In what way?

How does the example Jesus gives regarding the sparrow reduce your fears?

Read Matthew 17:5-7: Jesus on the Mount of Transfiguration

God had just spoken and the disciples had seen Moses and Elijah speaking with Jesus. This was clearly a dramatic and powerful event they were witnessing. They were scared! They fell _____ to the ground! But Jesus comforted them in their terror...touching them, He said, “_____”.

In the presence of God, we can take comfort. How do you relate to this?

When have you felt Jesus’ comfort amidst daunting times in your life?

Read Mark 6:47-51: Jesus walks on water and calms the storm

The disciples were in a dire situation! The storm raged; the boat was sinking; a ghost was approaching them on the water! They _____ and were _____. But, Jesus reassured them and said _____. He revealed Himself and told them, “Don’t be afraid.”

If Jesus could calm a physical storm, don’t you think He can handle the storms in your life?

Have you ever been “amazed” at how your faith allowed you to weather a storm? Explain.

Read Luke 5:4-11: Jesus on Faith & Fishing

Simon-Peter followed Jesus’ directions, even though he was tired and frustrated. The result was so many fish that the nets began to _____. In the face of this miracle, Simon-Peter realized that he was a _____. Jesus said to him, “Don’t be afraid; from now on you will fish for _____”.

Have you ever doubted God in the midst of fatigue and failure? How does this Scripture strengthen you?

Without fear, do you think you would have more success in “fishing for people”? Elaborate.

Read Luke 8:49-55: Jesus on Death

Jairus just learned that his daughter had died. In his shock and grief, Jesus turned to him and said, “Don’t be afraid; _____”. When Jesus said the girl was just asleep, the people around Him _____ at Him. But, then she _____!

Are you afraid of death? Why or why not?

How can our belief in Jesus conquer our fears?