

# MONTHLY BIBLE STUDY



## MEEK AND CONTENT

*“God blesses those who are humble, for they will inherit the whole earth” (Matthew 5:5, NLT).*

The beatitudes show us how to live a life that is “blessed” by God. The distinct lifestyle of the Christian as described in Matthew 5 is foreign to worldly concepts of happiness and blessing. The world thinks the path to happiness is **more!** More money, power, beauty, authority, and stuff pave the pathway to happiness. With Jesus, what matters is faithful obedience from the heart. If you want to live for God, you must be ready to say and do what seems strange to the world. You must be willing to give when others take; love when others hate; and help when others hurt. Choosing attitudes and actions that are pleasing to Jesus bring the blessing of God.

Blessed are the **MEEK** (NIV); Blesses are the **GENTLE** (NASU); Happy are those who are **HUMBLE** (NLT);

1. If the meek are gentle in spirit, humble in heart, mild in disposition, and trusting by nature, does that make them weak?
2. Why do you think the world equates meekness with weakness? Does the drive for more and more and a lack of contentment feed this mindset? Explain.
3. Jesus was meek, gentle, and humble. Was He weak? Matthew 11:29; Matthew 21:12-13; Luke 4:29-30
4. Does God prefer the proud or the humble? Luke 1:52; James 4:6; 1 Peter 5:5
5. Do you prefer to be one of the PROUD, or one of the MEEK and HUMBLE? Why?
6. The blessing from Jesus for the meek and humble, “They will inherit the earth” likely has two meanings. Let’s look to Jesus and the apostle Paul for insight.
  - A. The meek are blessed because they trust God to provide for their needs day in and day out. Matthew 6:11
  - B. When Jesus comes again in glory and establishes the New Heaven and New Earth, we who are faithful believers will reign with Him. 2 Timothy 2:10-13; Revelation. 22:1-4
7. Paul has an insightful exhortation in 1 Timothy 6:6-19. Read this passage and discuss how the “**DISCIPLINE OF CONTENTMENT**” can lend itself to an attitude of meekness and humility and root out the hurtful pride that destroys so many lives and relationships.

**Pray** for meekness, gentleness, humility, and the discipline of contentment. And thank God for the hope of a coming new Kingdom where believers can reign with Jesus.